



ROSE LANE WELLNESS

ONE DAY WELLNESS RETREAT

Spring and Summer

9 am - 1:30 pm



Learn Relax Connect Self-love

Wellness Escape:

- Two (2) Wellness Classes
- One Hatha Yoga & Meditation class
- Healthy lunch and snacks
- Complementary eBook - Detox with Hatha Yoga
- Chopra-certified research and medical literature
- 10% discount massage and retail



Contact us

Prices upon
request

Join us for self-love and transformation

@roselanewellness

roselanewellness1@gmail.com

WWW.ROSELANEWELLNESS.COM

28102 Rose Ln, Katy, TX, 77494